

# STUDIO WEST *Dance Academy*

## BALLET BOOT CAMP

JUNE 13—23

FOR BALLET 3~8

Stay in shape by joining this pre-summer Ballet Boot Camp!

Intermediate Boot Camp { \$105 for one week  
\$200 for two weeks

Advanced Boot Camp { \$115 for one week  
\$225 for two weeks

This program is designed to be taken in its entirety. If you choose to take individual classes the rate per class is \$17<sup>00</sup>.



**Registration opens May 2, 2022**

\*\$25 non-refundable deposit due for each week upon registration.

# STUDIO WEST

*Dance Academy*

## INTERMEDIATE BOOT CAMP

Levels 3 ~ 4

Week 1 | June 13~16 • Week 2 | June 20~23

MONDAY	Ballet Technique 4:00 ~ 5:30	Pre-Pointe & Pointe 5:40 ~ 6:40
TUESDAY	Ballet Technique 4:00 ~ 5:30	Conditioning 5:40 ~ 6:40
WEDNESDAY	Ballet Technique 4:00 ~ 5:30	Pre-Pointe & Pointe 5:40 ~ 6:40
THURSDAY	Ballet Technique 4:00 ~ 5:30	Conditioning 5:40 ~ 6:40



## ADVANCED BOOT CAMP

Levels 5 ~ 8

Week 1 | June 13~16 • Week 2 | June 20~23

MONDAY	Ballet Technique 3:50 ~ 5:30	Pointe 5:40 ~ 6:40
TUESDAY	Ballet Technique 3:50 ~ 5:30	Conditioning 5:40 ~ 6:40
WEDNESDAY	Ballet Technique 3:50 ~ 5:30	Pointe 5:40 ~ 6:40
THURSDAY	Ballet Technique 3:50 ~ 5:30	Conditioning 5:40 ~ 6:40



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