

# Dress Code Size Charts

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Please use the following size charts to help you select the best fit for you or your dancer. The items relating to these size charts are available for purchase at Studio West Dance Academy in our studio store.

## LEOTARDS & MALE DANCEWEAR

For all ballet dancers – SWDA-Branded Corps Dancewear Leotards and Male Dancewear

### CHILD LEOTARD SIZES (IN INCHES)

LEOTARD SIZE	BUST	WAIST	HIPS	GIRTH	EQUIVALENT TO:
<b>B</b>	19 - 20	18 - 19	19 - 20	35 - 37	Child Size 2
<b>C</b>	20 - 21	18 - 20	21 - 22	37 - 39	Child Size 4
<b>D</b>	22 - 24	20 - 21	23 - 25	40 - 43	Child Size 6x/7
<b>E</b>	25 - 27	21 - 23	26 - 28	44 - 48	Child Size 8/10
<b>F</b>	26 - 29	23 - 25	29 - 31	49 - 52	Child Size 12

### ADULT LEOTARD SIZES (IN INCHES)

LEOTARD SIZE	BUST	WAIST	HIPS	GIRTH	EQUIVALENT TO:
<b>PS/ Petite</b>	30 - 32	23 - 25	31 - 34	51 - 54	Child Size 14
<b>S/ Small</b>	30 - 33	23 - 26	33 - 35	54 - 57	Adult Size XS
<b>M/ Medium</b>	34 - 37	25 - 28	35 - 38	57 - 60	Adult Size S
<b>L/ Large</b>	37 - 41	28 - 32	38 - 42	61 - 64	Adult Size M
<b>XL</b>	41 - 43	32 - 35	42 - 45	64 - 67	Adult Size L

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## BOY'S SHIRT & TIGHTS SIZE CHART (IN INCHES)

SIZE	C	D	E	F
Height	42-47	47-51	51-55	55-59
Chest	23-25	25-27	27-29	29-31
Waist	22-23	23-24	24-25	25-26
Seat	24-25	26-27	27-29	29-31

## MEN'S SHIRT & TIGHTS SIZE CHART (INCHES)

SIZE	PS	S	M	L	XL
Chest	31-33	34-37	38-40	41-42	43-44
Waist	26-28	28-30	30-32	32-34	34-36
Seat	31-34	35-37	38-39	40-41	42-43

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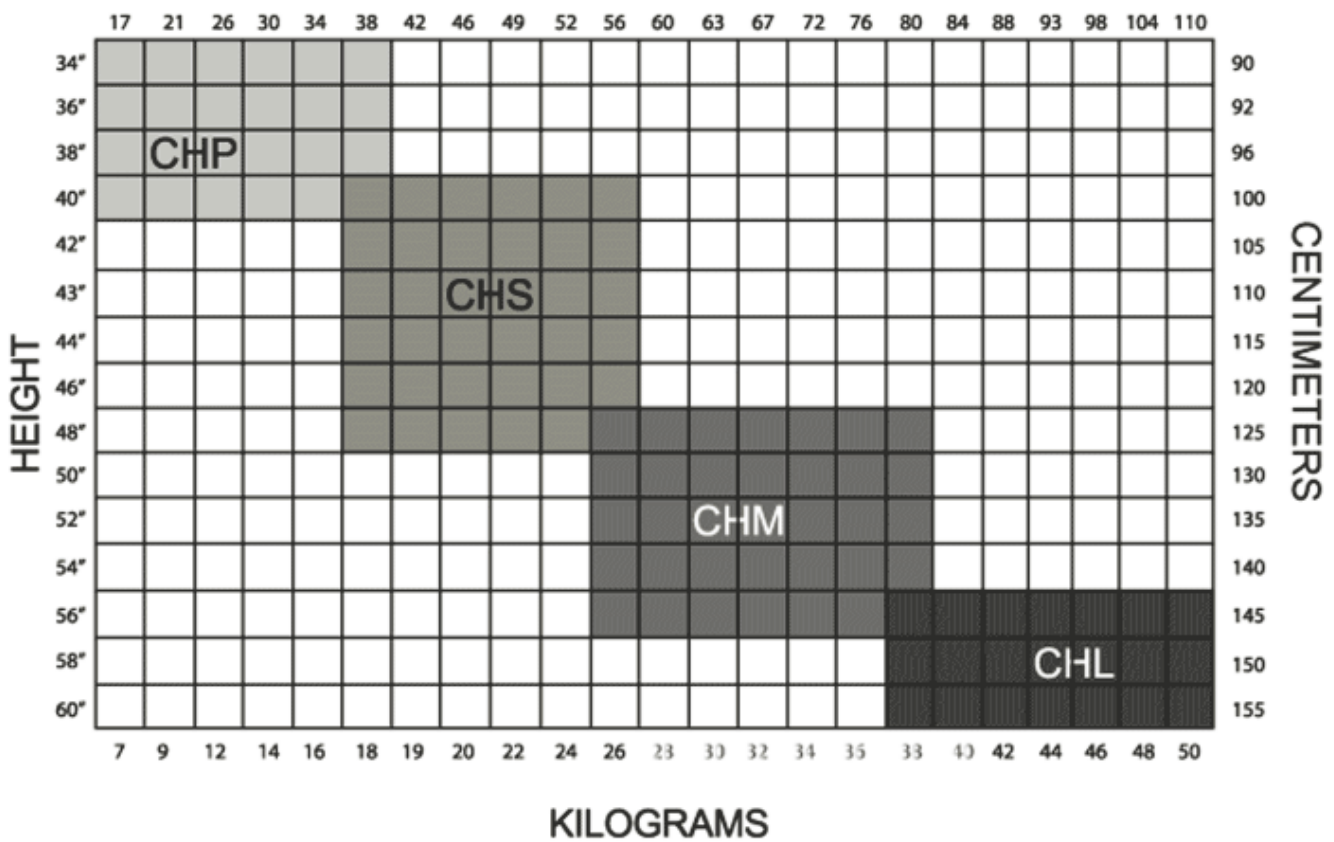
## TIGHTS

**Baby Ballet, Discover Dance, Pre-Ballet, Ballet 1-3** - Girls Contoursoft Footed Tight

Most Baby Ballet dancers wear CHP; most Discover Dance dancers wear CHS, most Pre-Ballet dancers wear CHM, and most Ballet 1 dancers wear CHL.

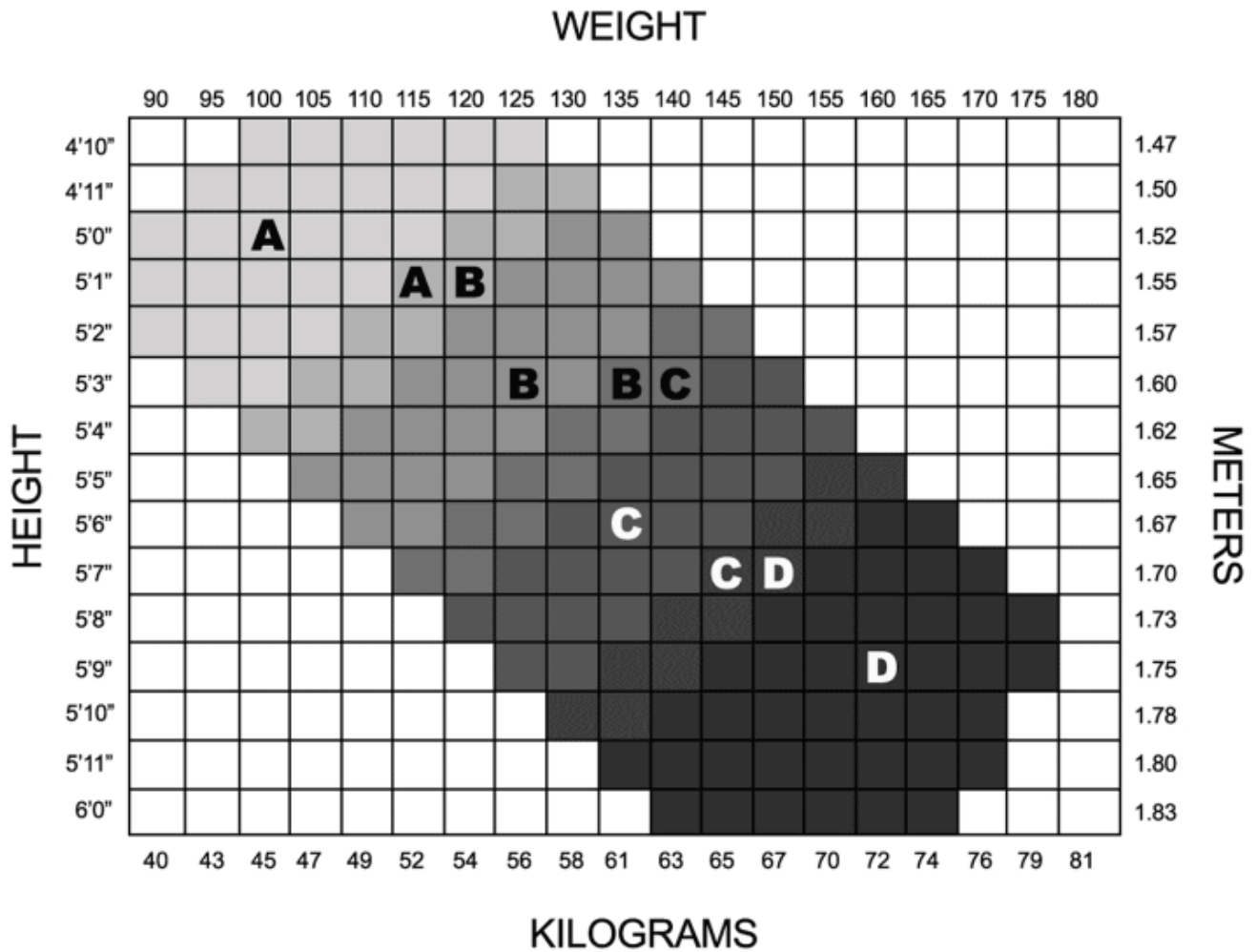
AGE: CHP 2-4 | CHS 4-6 | CHM 8-10 | CHL 12-14

### WEIGHT



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**Ballet 1-3** - Adult Endura Footed Tights  
 We carry size B (and sometimes size A).



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## Ballet 4-8 - Capezio Mesh Tights

These are "transition" tights. That means they have a hole in the bottom of each foot for use in dressing feet for pointe work. If your dancer is not doing pointe work, these tights are not necessary – a footed tight will be sufficient.

