

STUDIO WEST *Dance Academy*

BALLET BOOT CAMP FOR BALLET 3~8

Stay in shape by joining this pre-summer Ballet Boot Camp!

Intermediate Boot Camp { \$120 • June 21-24

Advanced Boot Camp { \$120 • June 14-17

This program is designed to be taken in its entirety.
If you choose to take individual classes the rate per class is \$17⁰⁰.



Registration opens May 3

*\$25 non-refundable deposit due upon registration.

STUDIO WEST

Dance Academy

INTERMEDIATE BOOT CAMP

Levels 3 - 4

June 21 - 24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:00-5:15p Ballet 3 Technique	4:00-5:15p Ballet 3 Technique	4:00-5:15p Ballet 3 Technique	4:00-5:15p Ballet 3 Technique
5:25-6:00p Ballet 3 Strength & Stability	5:25-6:00p Ballet 3 Pre-Pointe	5:25-6:00p Ballet 3 Strength & Stability	5:25-6:00p Ballet 3 Pre-Pointe
6:15-7:25p Ballet 4 Technique	6:15-7:25p Ballet 4 Technique	6:15-7:25p Ballet 4 Technique	6:15-7:25p Ballet 4 Technique
7:30-8:15p Ballet 4 Strength & Stability	7:30-8:15p Ballet 4 Pointe	7:30-8:15p Ballet 4 Strength & Stability	7:30-8:15p Ballet 4 Pointe

ADVANCED BOOT CAMP

Levels 5 - 8

June 14 - 17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3:50-5:15p Ballet 6/7 & 8 Technique	3:50-5:15p Ballet 6/7 & 8 Technique	3:50-5:15p Ballet 6/7 & 8 Technique	3:50-5:15p Ballet 6/7 & 8 Technique
5:20-6:10p Ballet 6/7 & 8 Strength & Stability	5:20-6:10p Ballet 6/7 & 8 Pointe	5:20-6:10p Ballet 6/7 & 8 Strength & Stability	5:20-6:10p Ballet 6/7 & 8 Pointe
6:15-7:25p Ballet 5 Technique	6:15-7:25p Ballet 5 Technique	6:15-7:25p Ballet 5 Technique	6:15-7:25p Ballet 5 Technique
7:30-8:15p Ballet 5 Strength & Stability	7:30-8:15p Ballet 5 Pointe	7:30-8:15p Ballet 5 Strength & Stability	7:30-8:15p Ballet 5 Pointe

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