

2020-2021 Class Schedule

September 14, 2020 – May 29, 2021

UPDATE AS OF SUNDAY, NOVEMBER 15, 2020: All Washington State fitness training businesses have been required to pause indoor fitness training from Tuesday, November 17, through Monday, December 14, 2020. **Due to this pause, all Studio West classes have moved to ZOOM-ONLY during this four-week period.** The schedule and prices remain the same except for our special "level 3-8, in-studio-only" classes, which are reduced from \$100 per month to \$64 per month during this four-week period.

Following Washington State's "Safe Start" re-opening guidelines (August 26, 2020 update), we are able to offer three types of classes during the 2020-2021 school year – "Zoom-only," "hybrid" and "in-studio".

- Zoom classes (Zoom) will be held over Zoom only.
- Hybrid classes (HC) will be held over Zoom, and, at the same time, with in-studio groups of 5-15 dancers. Dancers will be rotated through the in-studio classes so that all will get a turn. When not in-studio, they will take class online via Zoom. Class enrollment caps are listed in the schedule below and will allow for a smooth rotation schedule. If a dancer would like to take a hybrid class as Zoom-only, just let us know!
- In-studio classes (ISC) will be held in-studio only and have a maximum enrollment of 5-15 dancers. These classes are offered for ages 2-7. There are Zoom-only options for all of these classes except Beginning Tap.

Dancers and families must agree to follow Studio West's "COVID-19 Waiver and Agreement for Participation" guidelines (available at the studio or via email) and have signed both the COVID-19 waiver and our standard liability waiver (if not already signed) in order to attend in-studio classes. The liability waiver applies to all classes, whether they are taught through Zoom or in-studio.

Some or all classes may transition to Zoom-only if the state needs to shut down again due to COVID-19. Once the COVID-19 health situation improves and guidance from the state allows, we may be able to increase the number of dancers in-studio. The schedule and prices for the season will stay the same, whether dancers are taking classes entirely on Zoom, entirely in-studio, or via a hybrid model.

Balancing in-studio requirements, Zoom needs, and rotations is challenging. We anticipate a smooth year since we have had 5 months of practice! However, there may still be bumps along the way and we appreciate your patience. We are going to make lemonade out of lemons for this 2020-2021 season. We thank you for joining us on this ride!

See next page for 2020-2021 Schedule!

BALLET – CONTEMPORARY - CONDITIONING

Baby Ballet

Ages 2-3

In-studio only - 2-5 dancer limit. Designed to be taken once per week with an adult family member.

M 6:00-6:30 pm - Ms. Autumn - Studio D (X)

W 10:00-10:30 am - Ms. MC - Studio A (X)

S 9:45-10:15 am - Ms. Autumn & Ms. MC (shared) - Studio A (X)

Discover Dance

Ages 4-5

In-studio only (plus one Zoom-only option). Includes tap and ballet - designed to be taken once per week.

M 4:45-5:30 pm - Ms. Monica - Studio B

T 10:40-11:25 am - Ms. MC - Studio B

T 2:30-3:00 pm - Ms. Kristine – **ZOOM-ONLY** (X)

T 3:45-4:30 pm - Ms. MC - Studio D

T 5:50-6:35 pm - Ms. Monica - Studio B

W 10:35-11:20 am - Ms. MC - Studio B

Th 3:45-4:30 pm - Ms. MC - Studio D

Th 4:35-5:20 pm - Ms. Becca - Studio D

F 6:00-6:45 pm - Ms. Becca - Studio B

S 10:20-11:05 am - Ms. Autumn & Ms. MC (shared) - Studio A

Pre-Ballet

Ages 6-7

In-studio only (plus one Zoom-only option). Includes tap and ballet - designed to be taken once per week.

M 4:00-5:00 pm - Ms. Autumn - Studio D

T 10:10-11:10 am - Ms. Jeri - Studio A

T 2:30-3:00 pm - Ms. Kristine – **ZOOM-ONLY** (X)

T 4:35-5:35 pm - Ms. Jeri - Studio D

T 6:35-7:35 pm - Ms. Becca - Studio D

W 4:00-5:00 pm - Ms. Autumn - Studio D

Th 4:00-5:00 pm - Ms. Jeri - Studio B

Th 5:25-6:25 pm - Ms. Becca - Studio D

F 4:00-5:00 pm - Ms. MC - Studio B

S 10:00-11:00 am - Ms. Becca - Studio B

* *Indicates faculty placement is required*

(X) *Indicates class will not perform in the All-School Spring Showcase, June 4-6, 2021*

Ballet 1

Ages 8-10

In-studio only (plus one Zoom-only option). Designed to be taken once per week.

T 10:00-11:00 am - Ms. Autumn - Studio C

T 3:50-4:20 pm - Ms. Kristine – **ZOOM-ONLY** (X)

T 6:40-7:40 pm - Ms. Monica - Studio B

W 4:00-5:00 pm - Ms. MC - Studio B

Th 4:30-5:30 pm - Ms. Monica - Studio A

S 10:40-11:40 am - Ms. Monica - Studio D

Ballet 2*

Ages 10-12

Hybrid - with 15-20-dancer limit per class (10 or 15 in-studio and 5 on Zoom each week).

Designed to be taken twice per week.

M 5:05-6:05 pm – Ms. Kayla – Studio C

T 10:00-11:00 am - Ms. Autumn - Studio C

T 3:55-4:55 pm - Ms. Stephanie - Studio C

W 6:00-7:00 pm - Ms. Marie - Studio A

W 6:05-7:05 pm - Ms. Emma - Studio B

Th 5:05-6:05 pm - Ms. Marie - Studio B

Th 7:15-8:15 pm - Ms. Elena - Studio B

F 4:00-5:00 pm - Ms. Mara - Studio D

Ballet 3*

Hybrid - with 15-20-dancer limit per class (10 or 15 in-studio and 5 on Zoom each week).

Designed to be taken three times per week.

M 2:40-3:45 pm – Mr. Cole – Studio C

M 4:15-5:25 pm - Mr. Cole - Studio A

T 2:40-3:45 pm – Ms. Emily – Studio C

W 2:40-3:45 pm – Mr. Cole – Studio C

W 3:50-5:00 pm - Ms. Stephanie - Studio A

Th 6:35-7:45 pm - Ms. Marie - Studio A

F 6:05-7:15 pm – Ms. Marie – Studio C

S 11:15-12:25 pm - Ms. Autumn - Studio B

Ballet 4*

Hybrid - 15-20-dancer limit per class (10 or 15 in-studio and 5 on Zoom each week). Must be

taken three times per week, plus one pre-pointe class. Pick either the Wednesday or

Thursday set of technique/pre-pointe classes to help our rotation process.

M 5:35-6:45 pm - Ms. Marie - Studio B

T 6:10-7:20 pm - Ms. Emily - Studio A

T 7:25-8:35 pm - Ms. Emily - Studio C

W 7:05-8:15 pm - Ms. Marie - Studio A

Th 5:30-6:40 pm - Ms. Mara - Studio C

S 11:10 am-12:20 pm - Ms. Kayla - Studio A

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Ballet 4 Pre-Pointe*

Please note: dancers who are deemed ready by their instructor, will go en pointe after January 2021. This announcement will be made after the New Year.

W 8:20-9:00 pm - Ms. Marie - Studio A

Th 7:50-8:30 pm - Ms. Marie - Studio A

Ballet 5*

Hybrid - we anticipate 25 dancers per class. Must be taken at least four times per week, plus at least one pointe class. Make sure your pointe class corresponds with a day you have registered for technique class.

M 6:20-7:35 pm - Ms. Elena - Studio A (X)

T 3:45-5:00 pm - Ms. Marie - Studio B (X)

W 6:15-7:30 pm - Mr. Cole - Studio C (X)

F 6:05-7:20 pm - Ms. Elena - Studio A (X)

S 1:55-3:10 pm - Ms. Elena - Studio C (X)

Ballet 5 Pointe*

M 7:35-8:20 pm - Ms. Elena - Studio A

T 5:00-5:45 pm - Ms. Stephanie - Studio B

S 3:15-4:00 pm - Ms. Elena - Studio C

Ballet 6/7*

Hybrid - we anticipate 20 dancers per class. Must be taken five times per week, plus two pointe classes.

M 3:50-5:00 pm - Ms. Marie - Studio C (X)

T 3:50-5:15 pm - Ms. Emily - Studio A (X)

W 3:50-5:10 pm - Mr. Cole - Studio C (X)

F 3:50-5:15 pm - Ms. Elena - Studio A (X)

S 10:00-11:15 am - Ms. Elena - Studio C (X)

Ballet 6/7 Pointe*

T 5:15-6:00 pm - Ms. Emily - Studio A

F 5:15-6:00 pm - Ms. Elena - Studio A

Ballet 8*

Hybrid - we anticipate 25-30 dancers per class. Must be taken five times per week, plus two pointe classes.

M 6:10-7:30 pm - Mr. Cole - Studio C (X)

T 5:05-6:25 pm - Ms. Marie - Studio C (X)

Th 2:55-4:25 pm - Ms. Stephanie - Studio A (X)

F 3:50-5:15 pm - Ms. Marie - Studio C (X)

S 11:20 am-12:35 pm - Ms. Elena - Studio C (X)

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Ballet 8 Pointe*

T 6:25-7:10 pm - Ms. Stephanie - Studio C

F 5:15-6:00 pm - Ms. Marie - Studio C

S 12:40-1:25 pm – Ms. Elena – Studio C

Ballet 3-8 “In-Studio-Only” Classes*

*Due to the high number of students in our Ballet 3-8 classes, we are offering these extra classes to help give our dancers more in-studio time while operating under in-class limits due to COVID-19. These are not part of the regular pricing structure. They are weekly classes that will continue throughout the 9-month session (until we can get back to normal class sizes) and are **not** sign-up-as-you-go classes. Dancers will be in-studio (no Zoom) with the same 5 dancers each week. Cost is \$100 per month for one class a week (\$200 for two classes a week, \$300 for three classes a week, etc.). Dancers may choose to register for these in lieu of their regular-track classes or in addition to them. Dancers who choose to register for these in lieu of a regular class will help make room for other dancers to be in-studio more often in the regular-track classes.*

M 2:40-3:40 pm – Ms. Hannah S. – **Ballet 3/4**

T 2:00-3:00 pm – Ms. Marie – Studio A– **Ballet 5-8**

T 2:40-3:40 pm – Ms. Stephanie – Studio B– **Ballet 5-8**

W 1:30-2:30 pm – Ms. Hannah P. – Studio A – **Special “Strength & Stability 5-8” Class**

W 1:30-2:30 pm – Ms. Stephanie – Studio C– **Ballet 5-8**

W 2:40-3:40 pm – Ms. Stephanie – Studio A– **Ballet 5-8**

Th 1:30-2:30 pm – Ms. Hannah P. – Studio A – **Special “Strength & Stability 3-8” Class**

Th 1:40-2:40 pm – Ms. Stephanie – Studio C– **Ballet 5-8**

F 2:40-3:40 pm – Ms. Hannah S. – Studio B – **Ballet 3/4**

S 2:00-3:00 pm – Mr. Cole – Studio B– **Ballet 5-8**

S 3:10-4:10 pm – Mr. Cole – Studio B– **Ballet 5-8**

S 4:20-5:20 pm – Mr. Cole – Studio B– **Ballet 5-8**

Contemporary 3*

Hybrid – 20-dancer limit (15 in-studio and 5 on Zoom each week).

M 5:35-6:15 pm - Ms. Monica - Studio A

Contemporary 4*

Hybrid – 15-dancer limit (10 in-studio and 5 on Zoom each week).

M 6:50-7:35 pm - Ms. Hannah P. - Studio B

Contemporary 5*

Hybrid - must be taken in coordination with a ballet technique class on the same day.

S 12:30-1:30 pm - Ms. Hannah P. - Studio A

Contemporary 6/7*

Hybrid - must be taken in coordination with a ballet technique class on the same day.

Th 3:30-4:30 pm - Ms. Hannah P. - Studio C

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Contemporary 8*

Hybrid - must be taken in coordination with a ballet technique class on the same day.

Th 4:35-5:20 pm - Ms. Hannah P. - Studio C

Conditioning 5/6*

Hybrid - must be taken in coordination with a ballet technique class on the same day.

T 3:05-3:45 pm - Ms. Marie - Studio A (X)

Conditioning 7/8*

Hybrid - must be taken in coordination with a ballet technique class on the same day.

F 3:00-3:40 pm - Ms. SJ - Studio A (X)

JAZZ

Beginning Jazz

Ages 6-7 (ages 4-7 for Zoom-only class)

In-studio only (plus one Zoom-only option).

M 5:05-5:55 pm - Ms. Autumn - Studio D

T 11:15 am-12:10 pm - Ms. Autumn - Studio A

T 3:10-3:40 pm - Ms. Kristine – **ZOOM-ONLY (Ages 4-7)** (X)

T 5:40-6:30 pm - Ms. Jeri - Studio D

Jazz 1

Ages 8-10

In-studio only (plus one Zoom-only option).

T 11:15 am-12:10 pm - Ms. Autumn - Studio A

T 4:30-5:00 pm – Ms. Kristine – **ZOOM-ONLY** (X)

W 5:05-6:00 pm - Ms. Autumn - Studio B

W 6:00-6:55 pm - Ms. Jeri - Studio D

Th 5:35-6:30 pm - Ms. Jeri - Studio A

Jazz 2*

Ages 10-12

Hybrid - 15-dancer limit per class (10 in-studio and 5 on Zoom each week).

W 7:05-8:05 pm - Ms. Becca - Studio B

Th 6:10-7:10 pm - Ms. Elena - Studio B

Jazz 3*

Hybrid - 20-dancer limit per class (15 in-studio and 5 on Zoom each week).

T 7:40-8:30 pm - Ms. Monica - Studio A

W 5:05-5:55 pm - Ms. Jeri - Studio A

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Jazz 4*

Hybrid - 20-dancer limit per class (15 in-studio and 5 on Zoom each week).

T 7:40-8:30 pm - Ms. Monica - Studio A

Th 6:50-7:40 pm - Ms. Hannah P. - Studio C

Jazz 5*

Hybrid - must be taken in coordination with the Wednesday ballet technique class.

W 7:40-8:35 pm - Ms. Hannah P. - Studio C

Jazz 6/7*

Hybrid - must be taken in coordination with the Wednesday ballet technique class.

W 5:15-6:10 pm - Ms. Hannah P. - Studio C

Jazz 8*

Hybrid - must be taken in coordination with the Monday ballet technique class.

M 7:40-8:25 pm - Ms. Hannah P. - Studio C

HIP HOP

Tiny Hoppers

Ages 4-5

In-studio only.

M 5:05-5:50 pm - Ms. Sarah Jane - Beat Box

W 11:30 am-12:15 pm - Ms. Sarah Jane - Beat Box

W 4:00-4:45 pm - Ms. Monica - Beat Box

F 5:05-5:50 pm - Ms. Asuka - Studio D

Beginning Kids Hip Hop

Ages 6-7

In-studio only (plus one Zoom-only option).

T 3:10-3:40 pm – Ms. Hallie – **ZOOM-ONLY** (X)

Th 4:00-5:00 pm - Ms. Hallie - Beat Box

F 4:00-5:00 pm - Ms. Sarah Jane - Beat Box

F 6:00-7:00 pm - Ms. Asuka - Studio D

S 11:05 am-12:05 pm - Ms. Sarah Jane - Beat Box

Hip Hop 1

Ages 8-10

In-studio only (plus one Zoom-only option).

T 3:10-3:40 pm – Ms. Hallie – **ZOOM-ONLY** (X)

T 5:05-6:05 pm - Ms. Hallie - Beat Box

W 4:50-5:50 pm - Ms. Monica - Beat Box

F 5:05-6:05 pm - Ms. Sarah Jane - Beat Box

S 12:10-1:10 pm - Ms. Sarah Jane - Beat Box

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Hip Hop 2*

Hybrid - 15-dancer limit per class (10 in-studio and 5 on Zoom each week).

M 4:00-5:00 pm - Ms. Sarah Jane - Beat Box

T 6:10-7:10 pm - Ms. Hallie - Beat Box

Th 5:05-6:05 pm - Ms. Hallie - Beat Box

F 6:10-7:10 pm - Ms. Sarah Jane - Beat Box

Hip Hop 3*

Hybrid – 15-dancer limit per class (10 in-studio and 5 on Zoom each week).

M 6:00-7:00 pm - Ms. Sarah Jane - Beat Box

T 4:00-5:00 pm - Ms. Hallie - Beat Box

W 7:15-8:15 pm - Ms. Kennedy – Beat Box

Th 6:10-7:10 pm - Ms. Hallie - Beat Box

Hip Hop 4*

Hybrid – 15-dancer limit per class (10 in-studio and 5 on Zoom each week).

M 2:40-3:40 pm – Ms. Sarah Jane – Beat Box

M 7:05-8:05 pm - Ms. Sarah Jane - Beat Box

W 7:15-8:15 pm - Ms. Kennedy – Beat Box

Th 7:15-8:15 pm - Ms. Hallie - Beat Box

Hip Hop 5*

Hybrid - 15-dancer limit per class (10 in-studio and 5 on Zoom each week).

M 2:40-3:40 pm – Ms. Sarah Jane – Beat Box

M 7:05-8:05 pm - Ms. Sarah Jane - Beat Box

W 6:00-7:00 pm - Ms. Sarah Jane - Beat Box

Th 7:15-8:15 pm - Ms. Hallie - Beat Box

Hip Hop 3-5 “In-Studio-Only” Classes*

*Due to the high number of students in our Hip Hop 3-5 classes, we are offering these extra classes to help give our dancers more in-studio time while operating under in-class limits due to COVID-19. These are not part of the regular pricing structure. They are weekly classes that will continue throughout the 9-month session (until we can get back to normal class sizes) and are **not** sign-up-as-you-go classes. Dancers will be in-studio (no Zoom) with the same 5 dancers each week. Cost is \$100 per month for one class a week (\$200 for two classes a week, \$300 for three classes a week, etc.). Dancers may choose to register for these in lieu of their regular-track classes or in addition to them. Dancers who choose to register for these in lieu of a regular class will help make room for other dancers to be in-studio more often in the regular-track classes.*

W 7:15-8:15 pm – Ms. Sarah Jane – Studio D – **Level 4/5**

Th 2:45-3:45 pm – Ms. Hallie – Beat Box – **Level 4/5**

F 1:45-2:45 pm – Ms. Sarah Jane – Beat Box – **Level 4/5**

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TAP

Beginning Tap

Ages 8-10

In-studio only.

F 6:50-7:40 pm - Ms. Becca - Studio B

Intermediate Tap*

Hybrid - 15-dancer limit (10 in-studio and 5 on Zoom each week).

T 7:45-8:35 pm - Ms. Becca - Studio B

Intermediate/Advanced Tap*

Hybrid - 15-dancer limit (10 in-studio and 5 on Zoom each week).

W 8:10-9:00 pm - Ms. Becca - Studio B

TEEN/ADULT

Teen/Adult Ballet

Hybrid - 20-dancer limit (15 in-studio and 5 on Zoom each week). Registration required (no drop-ins).

M 8:30-9:30 pm - Ms. Elena - Studio A (X)

Adult Barre Fitness

Hybrid - \$80 per six-week session - select dates only. 15-dancer limit per session (10 in-studio and 5 on Zoom each week). Registration required (no drop-ins).

Th 8:20-9:20 pm - Ms. Elena - Studio B (X)

Teen Beginning Hip Hop

Ages 13-18

Hybrid - 10-15-dancer limit per class (5 or 10 in-studio and 5 on Zoom each week).

T 7:15-8:15 pm - Ms. Hannah P. - Beat Box

Adult Beginning Hip Hop Series

Hybrid - \$80 per six-week session - select dates only. 15-dancer limit per session (10 in-studio and 5 on Zoom each week).. Registration required (no drop-ins).

T 8:20-9:20 pm - Ms. Hannah P. - Beat Box (X)

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PRICES

A one-time, non-refundable registration fee of \$25 per dancer is due upon registration for this session (excluding six-week series classes).

Classes Per Week

1 – 30-45 minute
1 – 50-90 minute
2 – 30-45 minute
2 – 50-90 minute
3 Classes/Week
4 Classes/Week
5 Classes/Week
6+ Classes/Week
Private Lessons

Cost Per Month

\$60
\$64
\$94
\$104
\$140
\$176
\$212
\$244
Prices available upon request

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