

STUDIO WEST *Dance Academy*

BALLET BOOT CAMP

JUNE 10–20 FOR BALLET 3~8

Stay in shape by joining this pre-summer Ballet Boot Camp!

Intermediate Boot Camp { \$105 for one week
\$200 for two weeks

Advanced Boot Camp { \$115 for one week
\$224 for two weeks

This program is designed to be taken in its entirety. If you choose to take individual classes the rate per class is \$17⁰⁰.



Registration opens April 29

*\$25 non-refundable deposit due for each week upon registration.

STUDIO WEST

Dance Academy

INTERMEDIATE BOOT CAMP

Levels 3 ~ 4

Week 1 | June 10~13 • Week 2 | June 17~20

MONDAY	Ballet Technique 4:00 ~ 5:30	Pre-Pointe & Pointe 5:40 ~ 6:40
TUESDAY	Ballet Technique 4:00 ~ 5:30	Conditioning with Advanced Boot Camp 5:40 ~ 6:40
WEDNESDAY	Ballet Technique 4:00 ~ 5:30	Pre-Pointe & Pointe 5:40 ~ 6:40
THURSDAY	Ballet Technique 4:00 ~ 5:30	Conditioning with Advanced Boot Camp 5:40 ~ 6:40



ADVANCED BOOT CAMP

Levels 5 ~ 8

Week 1 | June 10~13 • Week 2 | June 17~20

MONDAY	Ballet Technique 3:50 ~ 5:30	Pointe 5:40 ~ 6:40
TUESDAY	Ballet Technique 3:50 ~ 5:30	Conditioning 5:40 ~ 6:40
WEDNESDAY	Ballet Technique 3:50 ~ 5:30	Pointe 5:40 ~ 6:40
THURSDAY	Ballet Technique 3:50 ~ 5:30	Conditioning 5:40 ~ 6:40

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